



The Nest

BREAKFAST MENU



STOWE, VERMONT



GOLDEN EAGLE RESORT

The Vermonter

Two local farm fresh eggs any style, bacon, sausage
or ham with toast or muffin 10.25

The Sunrise

Two local farm fresh eggs any style with toast or muffin 8.75

The Trailblazer (heart healthy)

Fruit & yogurt parfait- yogurt layered with strawberries,
blueberries and granola with muffin or toast, freshly squeezed
orange juice 11.25

The Backpacker (heart healthy)

Freshly squeezed orange juice, hot or cold cereal with fresh
fruit, toast or muffin, herbal tea..... 11.25

The Smuggler

French toast with a flurry of powdered sugar and Vermont
maple syrup*, bacon, sausage or ham 11.50

The Lumberjack

Country style hotcakes (gluten free available) with Vermont
maple syrup*,bacon, sausage or ham 11.50
With wild blueberries, fresh apples or chocolate chips. 12.50

The Mountaineer

Plain or Vermont cheddar cheese omelet, served with
toast or muffin, home fries 10.50
Add Seasonal veggies or ham 11.25

Eggs Mansfield

Two English muffin halves stacked with Vermont cheddar
cheese, ham, farm fresh poached eggs & topped with
homemade cheese sauce. Served with sliced fresh
fruit garnish. 11.50

Classic Eggs Benedict

Two English muffins halves stacked with ham slices, farm fresh
poached eggs, topped with homemade hollandaise sauce.
Served with home fries 13.00

Sausage Gravy & Biscuits

One homemade biscuit topped with Chorizo sausage gravy
served with two eggs any style..... 13.00

The Hilltopper

Choice of juice, freshly made waffle with Vermont maple
syrup*, bacon, sausage or ham 11.50
With strawberries & whipped cream..... 12.50

Substitutions welcome!



A La Carte

Our famous Hotcakes, Waffles & French Toast

Country style hotcakes (gluten free available) with Vermont maple syrup*	6.75
With blueberries, fresh apples or chocolate chips	7.50
Homemade French toast with Vermont maple syrup*	6.75
Waffle with Vermont maple syrup*	6.75
With strawberries & whipped cream	7.75

Hot from the Griddle

Golden brown home fries	2.50
Ham, bacon or sausage	3.75
Single farm fresh egg any style	2.00

From the Bakery

Toasted homemade breads	2.50
Freshly baked muffin (ask about today's special)	2.95
English muffin	1.95
Baked bagels (toasted with cream cheese or butter)	3.95

Fruits & Yogurt

Plain yogurt	3.00
Yogurt parfait	6.75
Fresh fruit cup	3.75
Sliced banana	2.25

Cereals

Selection of cold cereals	2.75
Freshly made oatmeal	4.00
Granola	4.95

Beverages

Selection of chilled juices	Small 2.00	Large 3.00
Orange, apple, grapefruit, pineapple, cranberry, tomato, V8, prune		
Freshly squeezed orange juice	4.25	
Freshly brewed coffee (regular or decaf)	2.50	
Tea, ice tea (unsweetened)	2.50	
Hot chocolate	2.95	
Milk (2% or skim)	Small 2.75	Large 3.50

**These breakfasts will include a 4 oz. serving of Vermont maple syrup. Additional servings are available for \$1.75 per serving.*

Vermont tax not included.

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.



GOLDEN
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RESORT





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The Nest



The Golden Eagle has been serving delicious breakfasts to guests and visitors since 1965. Our commitment is to use local products whenever possible in an effort to not only have the freshest possible ingredients, but we also feel it is vital to support small local business and Vermont agriculture. We thought you might be interested to know a little bit more about some of our products.

Eggs: Eggs are supplied straight from the poultry farm of Lester Adams, right here in Stowe. Mr. Adams and his family have been providing fresh eggs for us since we started serving breakfasts over 50 years ago. Each year we'll prepare more than three thousand dozen of them!

Milk: All of our milk also comes from another "old time" Stowe business, Mansfield Dairy, home of the famous skiing cow. The Small family has also been with us right from the start, delivering fresh milk three times a week throughout the year.

Butter & Cheese: The Cabot Co-operative Creamery in Cabot, Vermont provides all of our butter and cheese. The Co-op buys its milk from local Vermont farmers and their cheddar cheese has won national awards for quality.

Maple Syrup: We serve only 100% natural Vermont Maple Syrup made by our local maple producers.

*We hope you enjoy your breakfast at the Nest at the Golden Eagle.
If you have any questions or comments, please feel free to let
us know.*

We are here to serve you!

